

High School Lunch Menu

September 3rd- September 7th



<p>No School Labor Day</p>	<p>MTO Deli Panini Salads Grilled Cheese</p>	<p>MTO Deli Panini Salads Grilled Cheese</p>	<p>MTO Deli Panini Salads Grilled Cheese</p>	<p>MTO Deli Panini Salads Grilled Cheese</p>
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<p>No School</p>	<p>White Pizza Cheese Pizza Pepperoni Pizza Featured Item: Boneless Wings</p>	<p>White Pizza Cheese Pizza Pepperoni Pizza Featured Item: Ranch Chicken Club Pizza</p>	<p>White Pizza Cheese Pizza Pepperoni Pizza Featured Item: Meatball Calzone</p>	<p>Buffalo Chicken Pizza Cheese Pizza Pepperoni Pizza White Pizza Featured Item: Boneless Wings</p>
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<p>No School</p>	<p>Cheese Pizza Sticks Beef Burger Bacon Cheeseburger Chicken Nuggets/Roll Breaded Chicken Patty</p>	<p>Buffalo Chicken Flatbread Beef Burger Chicken Nuggets/Roll Breaded/Spicy Chicken Patty</p>	<p>Walking Taco Beef Burger Chicken Nuggets/Roll Grilled Chicken Sandwich Breaded Chicken Patty</p>	<p>Chicken Mashed Potato Bowl Beef Burger Chicken Nuggets/Roll Hot Dog Breaded Chicken Patty</p>
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Main Course

<p>No School</p>	<p>Asian Fusion Bar</p>	<p>Nachos Bar</p>	<p>Pittsburgh Pierogi and Sandwich Bar</p>	<p>Pasta Bar</p>
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<p>No School</p>	<p>French Fries Steamed Broccoli</p>	<p>Tater Tots Corn</p>	<p>French Fries Black Beans</p>	<p>Hash Brown Sliced Carrots</p>
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Take 3

<p>No School</p>	<p>Fresh Fruit & Vegetables Side Salad Snap Peas Red Pepper Strips Applesauce</p>	<p>Fresh Fruit & Vegetables Side Salad Baby Carrots Cucumbers Grapes/Watermelon</p>	<p>Fresh Fruit & Vegetables Side Salad Celery Sticks Grape Tomatoes Pineapple Tidbits</p>	<p>Fresh Fruit & Vegetables Side Salad Baby Carrots Cucumbers Fresh Kiwi/Mandarin Oranges</p>
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Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads

Local Ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

High School Lunch Menu

September 10th- September 14th 2018



MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese



Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Shrimp Popper Basket w/ Breadstick

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Boneless Wings

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: White Cheese, Sausage & Herb Pizza

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Pepperoni Roll

Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Boneless Wings



Grilled Cheese w/ Soup

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Ranch Chicken Flatbread

Beef Burger
Bacon Cheeseburger
Chicken Nuggets/Roll
Breaded Chicken Patty

Corn Dogs

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Steak n Cheese Bagel Melt

Beef Burger
Chicken Nuggets/Roll
Grilled Chicken Sandwich
Breaded Chicken Patty

Chicken Tenders w/ Rice

Beef Burger
Chicken Nuggets/Roll
Hot Dog
Breaded Chicken Patty

Main Course

Double Dog Bar

Asian Fusion Bar

Nachos Bar

Pittsburgh Pierogi and Sandwich Bar

Pasta Bar



Tater Tots Baked Beans

French Fries Steamed Broccoli

Tater Tots Corn

French Fries Cauliflower

Hash Brown Sliced Carrots

Take 3

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Broccoli Florets
Diced Peaches

Fresh Fruit & Vegetables

Side Salad
Snap Peas
Red Pepper Strips
Applesauce

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Grapes/Watermelon

Fresh Fruit & Vegetables

Side Salad
Celery Sticks
Grape Tomatoes
Pineapple Tidbits

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Fresh Kiwi/Mandarin Oranges

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads

Local Ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

High School Lunch Menu

September 17th- September 21st 2018



MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese



Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Cheesy Breadsticks

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Boneless Wings

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Ranch Chicken Club Pizza

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Meat Lover's Calzone

Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Boneless Wings



Grilled Chicken Club Melt

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Gyro Sandwich

Beef Burger
Bacon Cheeseburger
Chicken Nuggets/Roll
Breaded Chicken Patty

Buffalo Chicken Flatbread

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Walking Taco

Beef Burger
Chicken Nuggets/Roll
Grilled Chicken Sandwich
Breaded Chicken Patty

Pulled Pork Sliders

Beef Burger
Chicken Nuggets/Roll
Hot Dog
Breaded Chicken Patty

Main Course

Breakfast Bar

Asian Fusion Bar

Nachos Bar

Pittsburgh Pierogi and Sandwich Bar

Pasta Bar



Tater Tots
Sliced Carrots

French Fries
Green Peas

Tater Tots
Corn

French Fries
Baked Beans

Hash Brown
Steamed Broccoli

Take 3

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Broccoli Florets
Diced Peaches

Fresh Fruit & Vegetables

Side Salad
Snap Peas
Red Pepper Strips
Applesauce

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Grapes/Watermelon

Fresh Fruit & Vegetables

Side Salad
Celery Sticks
Grape Tomatoes
Pineapple Tidbits

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Fresh Kiwi/Mandarin Oranges

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads

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High School Lunch Menu

September 24th- September 28th 2018



MTO Deli Panini Salads Grilled Cheese

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MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese



Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Deep Dish Pizza

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Boneless Wings

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Ranch Chicken Club Pizza

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Pepperoni Roll

Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Boneless Wings



Breaded Drumstick

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Cheese Pizza Sticks

Beef Burger
Chicken Nuggets/Roll
Breaded Chicken Patty
Bacon Cheeseburger

Buffalo Chicken Flatbread

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Pork BBQ Sandwich

Beef Burger
Chicken Nuggets/Roll
Grilled Chicken Sandwich
Breaded Chicken Patty

Chicken Mashed Potato Bowl

Beef Burger
Chicken Nuggets/Roll
Hot Dog
Breaded Chicken Patty

Main Course

Breakfast Bar

Asian Fusion Bar

Nachos Bar

Pittsburgh Pierogi and Sandwich Bar

Pasta Bar



Tater Tots
Green Beans

French Fries
Sliced Carrots

Tater Tots
Corn

French Fries
Baked Beans

Hash Brown
Steamed Broccoli

Take 3

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Broccoli Florets
Diced Peaches

Fresh Fruit & Vegetables

Side Salad
Snap Peas
Red Pepper Strips
Applesauce

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Grapes/Watermelon

Fresh Fruit & Vegetables

Side Salad
Celery Sticks
Grape Tomatoes
Pineapple Tidbits

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Fresh Kiwi/Mandarin Oranges

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads

Local Ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk